

Monday 17th November 2025

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Trending

Trending Music:

- 1 Golden HUNTR/X: EJAE, Audrey Nuna & REI AMI
- The Fate Of Ophelia Taylor Swift
- 3 Ordinary Alex Warren

Trending Searches:

- Germany vs Slovakia
- 2 Northern Ireland vs Luxembourg
- 3 Snow Weather Forecast Met Office

Trending Series/Movies:

- Monster: The Ed Gein Story
- 2 Poldark (2015)
- 3 Love Is Blind

Trending News:

- 1 Controversy at COP30 in Brazil
- 2 Sabotage on Polish railway line used for Ukraine aid
- 3 Leonid meteor shower peaks

Charts

UK Official Top 40				
0	The Fate of Ophelia - Taylor Swift			
2	Golden - HUNTR/X: EJAE, Audrey Nuna & REI AMI	0		
3	WHERE IS MY HUSBAND! - Raye	0		
4	Man I Need - Olivia Dean	O		
5	So Easy (To Fall In Love) - Olivia Dean	0		



Billboard Hot 100™				
0	The Fate of Ophelia - Taylor Swift			
2	Golden - HUNTR/X: EJAE, Audrey Nuna & REI AMI	0		
3	Ordinary - Alex Warren	0		
4	Opalite - Taylor Swift	0		
5	Man I Need - Olivia Dean			

UK Official Movie Chart				
	Wicked			
2	Superman (2025)	O		
3	Jurassic World - Rebirth	O		
4	Nobody 2			
5	How To Train Your Dragon (2025)			

UK Official Album Chart				
0	The Life of a Showgirl - Taylor Swift			
2	The Art of Loving - Olivia Dean			
3	West End Girl - Lilly Allen			
4	Lux - Rosalia	0		
5	Man's Best Friend - Sabrina Carpenter			



Listener Interaction Prompts

Phone-In/Texter Prompts

What app going down today caused YOU the biggest panic?

Would you spend £195 on a Christmas dinner, or is that madness?

What's the creepiest or eeriest place YOU've ever visited?

Would you Rather

Would you rather discover a hidden treasure worth millions or uncover a secret that could change the world?

Study Question

A recent study shows this is the most common thing people ignore, even though it could impact their future...

- a) Planning their finances
- b) Listening to their gut instinct (ANSWER)
- c) Taking time for themselves

Debate Starters

Does money really buy happiness?

Are delivery apps making us lazier or more efficient?

Are self-driving cars more dangerous than helpful?

Dilemmas

You can erase one bad memory forever, or relive your happiest memory infinitely, what would you choose?

Gen Z's "Great Lock-In" trend emphasises self-improvement through disciplined routine, but is optimising life through digital minimalism sustainable, or does it create burnout?

You can have unlimited money but can never use the internet again, or stay broke but always be online, what would you choose?

Finish the Lyric

"I've got a blank space, baby / And I'll write your __"

ANSWER: Name



Two Truths One Lie

TikTok was the most downloaded app worldwide in 2024.

Billie Eilish won her first Grammy at age 19. (Lie: she actually won her first Grammys at 17)

The Metaverse is expected to reach 1 billion users by 2025.

True or False

A man on TikTok has gone viral for claiming he accidentally lived in an Airbnb for 6 months for free because the host forgot the booking was still active.

ANSWER: False

Wrong Answers Only

What's something you should never bring to a job interview?

Headline or Hoax

A couple were fined for taking their dog on a rollercoaster, after convincing staff it was an emotional support animal. **ANSWER: Hoax**

Events & National Days

National Days:

National Princess Day

Mickey Mouse Day

National Entrepreneurs' Day

National Vichyssoise Day



Celebrity Birthdays:

RuPaul, 65

Danny DeVito, 81

Jonathan Ross, 65

Calfreezy, 31

Sports Events:

17th Abu Dhabi World Pro (Jiu-Jitsu Championship)

HKGX 2025 IBF World Championship (Bowling)

Milwaukee Hong Kong Squash Open 2025

WTT Finals Hong Kong 2025 (Table Tennis)

Women's Big Bash League (Australia) (Cricket)

Music Events:

Bastille - Songs from The First 15 Years - London

JLS - Cardiff

Lady Gaga - The Mayhem Ball Tour - Paris

Doja Cat – Tour Ma Vie World Tour Kickoff - Aukland

Bryan Adams - Roll With The Punches Tour - Los Angeles

TV & Streaming Releases:

Rick and Morty Season 8, today

Vanguard Season 1, today

The Americas Season 1, today

Stranger Things Season 5 (Part 1), 26th November



Film/Cinema Releases:

Wicked: For Good (2025), 21st November

Sisu: Road to Revenge (2025), 21st November

The Thing with Feathers (2025), 21st November

The Ice Tower (2025), 21st November

Testimony (2025), 21st November

Weather Updates:

United Kingdom

A mixed day of cloud, bright spells and occasional showers, mainly across the north and west. The southeast stays fairly dry with the best sunny breaks. Into the night, showers fade, skies clear in places and it turns noticeably colder with a chance of patchy frost in rural spots.

United States

Warm and settled conditions across the south, cooler across the north with areas of cloud and some patchy rain through the Midwest. Much of the west stays dry and bright. Overnight, it's chilly in northern states with lingering showers in the central regions, while the south stays mild.

Canada

Cold throughout with the chance of light snow or flurries in central and eastern areas. Brighter spells appear in the west but it stays crisp. Night brings even colder air, with icy patches and lingering flurries in exposed areas.

Australia

Warm to hot across much of the country with sunshine dominating, especially in the east and south. The west and north may see thunderstorms or humid spells. Night remains warm for many, with storms easing but humidity staying high in the north.



On This Day:

1928: Walt Disney's "Steamboat Willie" is released, the first Mickey Mouse sound cartoon

2011: "The X Factor" group One Direction release their debut album "Up All Night" in Ireland and the UK

1990: 1st Solheim Cup Women's Golf, Lake Nona G & CC: US beats Europe 11½-4½ in the inaugural event; Kathy Whitworth and Mickey Walker are the US and European captains

Holiday Countdowns:

Christmas: 37 Days

New Year's Eve: 43 Days

Valentine's Day: 88 Days

Easter: 138 Days

Halloween: 347 Days

Summer: 215 Days

Entertainment Countdowns:

Eurovision Song Contest: 179 Days

Glastonbury Festival: 218 Days

Leeds Festival: 283 Days

Sport Countdowns:

FIFA World Cup 2026: 205 Days

UEFA Champions League Final 2026: 193 Days

Six Nations 2026: 81 Days

Wimbledon 2026: 223 Days

Olympic Games 2028 (LA): 970 Days



Headlines:

Rita Ora Shows Off Her Tattoos in Stunning Backless Velvet Dress

Tom Cruise Reacts to Nicole Kidman & Keith Urban Split - Calls It "Karma"?

Heinz Launches NEW Squeezable Gravy in the States

Cardi B Shares First Photos of Her Baby Boy With NFL Star Stefon Diggs

McDonald's Brings Back Its "Best Ever Burger" for it's new Christmas Menu

<u>Scotland Qualify for Their First Men's World Cup Since 1998 After 4–2 Win Over</u> Denmark

Olivia Dean Gets Huge Boost in Streams & Sales After Her SNL Debut

<u>Explorers Enter 'Hole to Hell' Cave - And Found Something Seriously Creepy</u> <u>Inside</u>

<u>Josh Hutcherson Says Ariana Grande Compared Herself to Mariah Carey</u>
Back in Their 'Victorious' Days

M&S Defends Its £195 Beef Wellington - and It's Nearly Sold Out

<u>Ariana Grande Says Her 'Eternal Sunshine' Tour Will Be Her "Last Hurrah" For</u>
<u>Now</u>

Ronaldo & Georgina Burst Into Laughter During White House Visit With Donald Trump

<u>TikTok Adds New AI Slider & 'Invisible' Watermark to Tackle Fake Videos</u>

What Is Cloudflare? Major Internet Outage Knocks X, ChatGPT, Spotify & More Offline

Why We Dream: Expert Explains What Your Nightmares, Emotional Dreams & Weird Scenarios Really Mean

£15 Wetherspoons Christmas Dinner Gets Mixed Reviews



Rita Ora Shows Off Her Tattoos in Stunning Backless Velvet Dress

Rita Ora turned up the glam at the ELLE Women in Hollywood event in LA, rocking a backless purple velvet gown that showed off her massive tattoo collection. She's got over 30 tattoos, including Shakespeare quotes and a tree of life and she says she's "addicted" to getting more.

Rita's also gearing up for a big 2026 with a **new album and a full tour** on the way. All this while she just won a huge row with her neighbours over building a gym at her £7.5m home!

Phone-In/Texter Prompt:

What's the tattoo you regret the most or the one you secretly want?

Link Starter:

"Rita Ora stepped out last night looking incredible and showing off enough tattoos to start her own art gallery. It got us thinking tattoos you love, tattoos you hate, and the ones you got after a few too many drinks..."



Tom Cruise Reacts to Nicole Kidman & Keith Urban Split - Calls It "Karma"?

Tom Cruise has reportedly had a few thoughts about ex-wife Nicole Kidman's shock split from Keith Urban after **19 years of marriage** and insiders say he's calling it "**karma**."

Tom, now 63, feels **he took most of the blame when he and Nicole split back in 2001**, while she got all the sympathy. A source claims he remembers the digs, the headlines, and **staying silent while she publicly joked about his height**. Now that Nicole's second marriage is over, insiders say Tom "**feels proven right.**"

But it's not all shade, apparently he also feels "**a bit sorry for her,**" knowing how painful these things are. Still, the source adds: "**He's following the news closely and giving himself a little pat on the back**."

Meanwhile, Keith Urban has returned to social media after weeks of silence, promoting his new US TV competition show The Road, and opening up about the "lonely and miserable" moments of life on tour, all while fans speculate on what really caused the split.

Phone-In/Texter Prompt:

Do you believe in relationship karma, have you ever seen it come back around?

Link Starter:

"Tom Cruise apparently thinks Nicole Kidman's divorce from Keith Urban is karma, imagine having your ex comment on your breakup 20 years later! Let's talk relationship karma... has it ever circled back for you?"



Heinz Launches NEW Squeezable Gravy in the States

Heinz has officially turned gravy into a squeezable condiment and honestly, Ross Geller from Friends would be screaming with joy.

The brand has launched its first-ever **squeezable Homestyle Turkey Gravy bottle**, available exclusively on Walmart.com, inspired by the iconic "Moist Maker" leftover sandwich from Friends. Some online orders even come with a limited-edition Leftover Gravy Kit and a recipe card so fans can recreate the famous Thanksgiving leftovers stack at home.

The new bottle is designed for zero mess and maximum leftover perfection and it taps right into the wave of millennial nostalgia on TikTok where the Moist Maker resurfaces every year.

Phone-In/Texter Prompt:

What's the weirdest thing you've ever put on a leftovers sandwich?

Link Starter:

"Heinz has made gravy squeezable, finally a condiment for chaotic leftover sandwiches. If Ross from Friends had this, he might still have his job! What's going on your leftovers sandwich this year?"



Cardi B Shares First Photos of Her Baby Boy With NFL Star Stefon Diggs

Cardi B has revealed the first photos of her newborn son with **New England Patriots player Stefon Diggs**, sharing a set of intimate images on Instagram. The carousel includes pictures of Cardi holding her baby in the nursery and moments immediately after his birth in hospital. She captioned the post with his birth date, **November 4**, along with teddy bear and football emojis.

The rapper **confirmed the baby's arrival last week**, marking **her fourth child.** She also shares three children, **Kulture, Wave and Blossom** with ex-husband Offset.

The birth coincides with a major moment in Cardi's career. Her new album "Am I the Drama?", released in September, marked a new creative chapter for the star. She said motherhood and music are shaping a powerful new era for her: "One more reason to be the best version of me... This next chapter is Me vs. Me."

Cardi and Diggs have been officially **dating since May**, with the couple announcing the pregnancy shortly before the album dropped. Cardi recently said she feels "**powerful**" balancing a new baby, new music and a new life chapter.

Phone-In/Texter Prompt:

Which celebrity baby announcement has been your favourite?

Link Starter:

"Cardi B has shared the first photos of her baby boy with Stefon Diggs and fans are already obsessed. Let's talk celeb baby announcements... who always does it best?"



McDonald's Brings Back Its "Best Ever Burger" for it's new Christmas Menu

McDonald's is about to drop its new Christmas menu and the star of the show is the **return of the Big Tasty**, which fans often call the chain's **"best ever burger."**

This year it's getting a makeover:

- Bigger patties (now quarter-pounder size)
- New white cheddar instead of emmental
- Shredded lettuce replacing the old square leaves
- A toasted bun
- Plus an optional bacon upgrade

And for the first time, you can get it as a single OR a double.

The full menu is set to be revealed any day now, but one new treat launches tomorrow the **Mayo Chicken Happy Meal**, which includes one of 12 Elf on the Shelf plush toys or a special storybook. McDonald's is also bringing festive carrot-stick "**Reindeer Treats**" and Christmassy in-store activities.

The Christmas menu is expected to land VERY soon before Santa starts checking his naughty list.

Phone-In/Texter Prompt:

What's the ONE Christmas item you always wait for on the McDonald's festive menu?

Link Starter:

"McDonald's is bringing back the Big Tasty for Christmas, bigger patties, new cheese, the lot. So let's settle this right now... what's the BEST festive fast-food item ever?"



Scotland Qualify for Their First Men's World Cup Since 1998 After Epic 4–2 Win Over Denmark

Scotland are officially going to the **2026 World Cup** after an unbelievable **4–2 win over Denmark at Hampden** their first men's World Cup since 1998.

The game had EVERYTHING:

- Scott McTominay overhead kick after just 3 minutes
- A Danish penalty from Rasmus Højlund
- Denmark down to 10 after Kristensen's second yellow
- Shankland poking in Scotland's second
- Dorgu equalising late
- Tierney smashing in a stoppage-time screamer
- And Kenny McLean scoring from HALFWAY in the 98th minute

49,000 fans lost their minds at Hampden as Steve Clarke's side booked their place at next summer's tournament.

A genuine, historic night for Scottish football.

Phone-In/Texter Prompt:

"Be honest — where were YOU when Scotland sealed their World Cup spot, and how loud did you scream?"

Link Starter:

"Scotland are off to the World Cup for the first time since 1998 after one of the wildest games Hampden has ever seen, overhead kicks, screamers, last-minute goals, the lot. Where were YOU when that final whistle went?"



Olivia Dean Gets Huge Boost in Streams & Sales After Her SNL Debut

Olivia Dean's rise continues after a **hugely successful Saturday Night Live** debut. Early data from Luminate shows her catalogue earned **21 million U.S. streams** in the two days following the performance, a **23% jump** compared to the previous week. Digital sales also exploded, rising nearly **120% to over 2,600** downloads.

Her hit "Man I Need", now at No. 4 on the Hot 100, gained another 7.5 million streams in just two days, while sales rose 89%. Another track, "Let Alone the One You Love", surged even more sharply: streams up 44% and digital sales up 1,465%.

Dean's momentum is fuelled by **her first Grammy nomination** and a **newly announced four-night run at Madison Square Garden**, solidifying her spot as one of pop's biggest breakthrough artists of the moment.

Phone-In/Texter Prompt:

Which performance made YOU fall in love with an artist, was it TV, TikTok, or a live show?

Link Starter:

"Olivia Dean's SNL debut has sent her streams soaring and even Beyoncé's deep cuts are getting a boost thanks to Summer Walker's new album. What's the last song you discovered completely by accident?"



Explorers Enter 'Hole to Hell' Cave — And Found Something Seriously Creepy Inside

Two adventure-loving brothers known as the **Action Adventure Twins**, crawled into a tiny cave entrance in **California** nicknamed the "**Hell Hole**", and what they found at the bottom was straight out of a horror movie.

To enter the cave, they had to **slide through a mailbox-sized opening**, complete with **giant spiders greeting them at the door**. But once they squeezed all the way to the bottom, they realised **they weren't alone down there.**

Inside the cave were devil statues, a cobra figure, a giant beetle with a battery in it, and even a random ceramic hot dog like someone started decorating their own underground haunted Airbnb. There was also a notebook where past visitors had signed their names, adding to the eerie vibe.

Thankfully, the brothers made it back up safely. And now that we know what's down there, the rest of us can enjoy the weirdness without crawling through a dark hole in the woods.

Phone-In/Texter Prompt:

What's the creepiest place YOU'VE ever explored or would you ever go into a cave like this?

Link Starter:

"Two explorers found devil statues and a hot dog at the bottom of a cave called the 'Hole to Hell'. I've got questions, and I bet you wouldn't get five steps inside. What's the scariest place you've ever wandered into?"



Josh Hutcherson Says Ariana Grande Compared Herself to Mariah Carey Back in Their 'Victorious' Days

Josh Hutcherson has shared a brilliant throwback from his teenage years the moment Ariana Grande told him she could sing "like Mariah Carey" while they hung out with the Victorious cast.

Speaking on The Tonight Show, Josh said Ariana confidently told him **she** could whistle-tone like Mariah... and then actually did it, dolphin-squeal and all. He joked he instantly knew she was going to be huge and, well, she wasn't wrong.

Ariana, who played **Cat Valentine on Victorious**, went on to become one of the biggest pop stars of the century with nine **No.1 singles, multiple Grammys, and even movie success**. She's now promoting her new film **Wicked: For Good**, out this week.

Meanwhile, fans are loving this wholesome blast from the Nickelodeon era.

Phone-In/Texter Prompt:

What's the moment you realised someone you knew was going to be a massive star?

Link Starter:

"Josh Hutcherson says teenage Ariana Grande used to show off her Mariah Carey-style whistle notes on set and she wasn't lying! Let's talk about it... who's the one person you knew was destined for fame?"



M&S Defends Its £195 Beef Wellington - and It's Nearly Sold Out

Marks & Spencer is stirring up the internet after defending its **eye-watering** £195 Beef Wellington, created with chef Tom Kerridge. The luxury 2kg wellington serves six people and is part of their premium Christmas range and despite the price tag, it's reportedly almost sold out.

Online reactions have been savage. One person joked that for £195, it should come with "Tom Kerridge doing the cooking AND the cleaning." Another asked if M&S was "trying to recoup cyber attack losses" after their April data breach.

But M&S says the dish is flying off the shelves because it uses handbutchered, 17-day matured British beef fillet, rolled in portobello mushroom duxelles, chicken mousse and black truffle, describing it as **"the best wellington we've ever created."**

For comparison:

- Fortnum & Mason sells one for £120
- Charlie Bigham's version is £30
- Gordon Ramsay's restaurant beef wellington experience is £95 per person

Phone-In/Texter Prompt:

Would YOU ever spend £195 on a Christmas dinner centrepiece, or is that just madness?

Link Starter:

"M&S is selling a £195 Beef Wellington and people online are losing their minds, but apparently it's nearly sold out! Be honest... would you pay that much for one meal, or is that taking festive food too far?"



Ariana Grande Says Her 'Eternal Sunshine' Tour Will Be Her "Last Hurrah"... For Now

Ariana Grande says her upcoming **Eternal Sunshine Tour in 2026** might be her "last hurrah" as a touring pop star at least for a long while.

Speaking on Amy Poehler's Good Hang podcast, **Ariana admitted that touring took over her life for years** and that she's now shifting focus towards acting after finding a "**new creative home**" on the Wicked films. She says she will tour next year because it "**feels authentic**," but after that? Don't expect her back on the road any time soon.

Ariana hasn't toured since 2019's Sweetener World Tour and revealed she once thought she'd "never make another album again" after Positions — until filming Wicked reignited her love for music and led to Eternal Sunshine.

The 2026 tour is a small run across cities including LA, Atlanta, Chicago, Montreal and London — and Ariana says she's giving it absolutely everything because it may be her final one "for a long, long, long time."

Phone-In/Texter Prompt:

If Ariana Grande stopped touring for years... which artist would YOU miss the most if they quit touring?

Link Starter:

"Ariana Grande says next year's Eternal Sunshine Tour might be her last hurrah for a long time. Would you be gutted if your favourite artist stopped touring? Who would you miss the most?"



Ronaldo & Georgina Burst Into Laughter During White House Visit With Donald Trump

Cristiano Ronaldo has made a rare appearance in the US, visiting the White House with fiancée Georgina Rodriguez for a high-profile Saudi diplomatic event hosted by President Donald Trump.

Footage released by the White House shows Trump walking with the couple outside the Oval Office, sharing a joke that left Ronaldo and Georgina in stitches. Inside, Ronaldo joined a star-studded guest list including Elon Musk, FIFA president Gianni Infantino, and Saudi Crown Prince Mohammed bin Salman.

Trump praised Ronaldo during the dinner, even revealing his son **Barron is a** "huge fan" and was thrilled to meet him. The footballer posed for a "milliondollar selfie" alongside Musk and Infantino, with the images quickly spreading online.

The visit comes just months before Ronaldo heads into another World Cup campaign, this time hosted across the United States.

Phone-In/Texter Prompt:

Who would YOU love to bump into at a White House-style event and what would you say to them?

Link Starter:

"Cristiano Ronaldo and Georgina were left laughing their heads off during a walk with Donald Trump at the White House, imagine the conversation! Let's talk: which celebrity would you love to meet, and what would you ask them?"



TikTok Adds New Al Slider & 'Invisible' Watermark to Tackle Fake Videos

TikTok is rolling out a new AI content slider that lets you choose whether you want to see more or less AI-generated videos on your For You page.

Under Manage Topics in the app, users will soon see an "AI Generated Content" slider so they can dial down (or up, if they're brave) the amount of AI in their feed. You still can't turn AI content off completely, but TikTok says this will "nudge" the algorithm to show fewer AI clips if you move it to "see less".

At the same time, **TikTok** is stepping up how it tracks and labels AI-made videos. It already uses a system called **C2PA** Content Credentials to tag AI content in the metadata, but those tags can be lost when clips are downloaded and reuploaded.

So now they're testing "invisible watermarks" on videos made with TikTok's own AI tools, a hidden marker only TikTok can detect, even if the video is edited or reposted elsewhere. The idea is to spot AI content more reliably and label it properly for users as the AI boom continues.

Phone-In/Texter Prompt:

"Do you want to see AI content on TikTok or are you over it already?"

Link Starter:

"TikTok is adding a slider to cut down AI videos in your feed, and even 'invisible watermarks' to track fake clips. Be honest: are AI videos fun and impressive... or are you getting sick of not knowing what's real anymore?"



What Is Cloudflare? Major Internet Outage Knocks X, ChatGPT, Spotify & More Offline

A huge internet outage has hit major websites after a failure at **Cloudflare**, the tech company that powers and protects huge parts of the internet.

Millions of users struggled to access sites including X, ChatGPT, Spotify, Canva, Coinbase, bet365, IKEA, Archive of Our Own, Google Gemini and League of Legends, with platforms flickering on and off throughout the day.

So what actually is Cloudflare?

It's a giant behind-the-scenes service that sits between websites and the public. It protects sites from attacks, speeds up performance, and handles huge amounts of traffic. If Cloudflare breaks... a lot of the internet breaks with it.

The company says today's problem was **caused by a mysterious spike in unusual traffic**, causing its servers to throw internal errors. Engineers say they are "**all hands on deck**" to restore everything fully, but many sites remain unstable according to DownDetector.

The outage comes just weeks after AWS suffered a major failure that knocked out Snapchat, Amazon and more, reminding us just how fragile big chunks of the internet really are.

Phone-In/Texter Prompt:

Did today's outage catch YOU out, and which app going down causes the biggest panic?

Link Starter:

"The internet had another meltdown today thanks to Cloudflare crashing, taking X, ChatGPT, Spotify and loads more with it. Which app going down completely ruins your day? Be honest!"



Why We Dream: Expert Explains What Your Nightmares, Emotional Dreams & Weird Scenarios Really Mean

Dreams have long fascinated thinkers, and neuroscientist **Dr Rahul Jandial** says they're more powerful than we realise. His research shows that dreams activate the same brain regions as real life, meaning dream emotions feel physiologically real. He calls dreaming **"high-intensity training for the mind,"** strengthening emotional flexibility, imagination and memory. We forget most dreams so our waking and dreaming worlds don't blur.

Nightmares act as a psychological warning sign, revealing stress or unresolved worry, and many people can learn to reshape recurring ones. Lucid dreams highlight how thin the boundary between sleep and consciousness can be.

Common themes:

Failure / Missing a Flight / Being Late: Signals real-life stress or uncertainty.

Being Chased: Avoidance, fear, or overwhelm; sometimes trauma processing.

Cheating: Usually imagination, not dissatisfaction.

Seeing a Loved One: Reflects memories, longing, or unresolved emotion.

Baby Dreams: Point to major life changes or new responsibilities.

In short, dreams can offer meaningful insight into our emotional and mental world.

Phone-In/Texter Prompt:

What's the most memorable dream you've ever had, and do you think dreams actually mean something?

Link Starter:

"Dream experts say dreams are basically our brain running emotional drills, from joy to fear to heartbreak. So let's talk dreams... what's the one dream you still remember years later?"



£15 Wetherspoons Christmas Dinner Gets Mixed Reviews

Wetherspoons has launched its new Christmas menu, and early reviews say the festive dinner **delivers big portions but a mixed experience overall.**

The £15 Christmas dinner includes sliced turkey breast, peas, carrots, parsnips, mash, pigs-in-blankets, stuffing, cranberry sauce and plenty of gravy. Diners report that the mash is smooth, the portion size is generous, and the plate is "practically swimming" in gravy but the turkey itself is said to be fairly mild on flavour.

One standout hit from the menu is the **Emmental and cheddar cheese sauce**, served with the **Big Cheese Burger**. Reviewers describe it as rich, comforting and easily the highlight of the entire meal — even more memorable than the mains.

However, some other festive options falter. **The Big Cheese Burger** reportedly suffers from unmelted brie, and the **"festive loaded fries"** are described as underwhelming, consisting mainly of a few pigs-in-blankets scattered on top of basic cheesy chips.

The biggest disappointment comes at dessert. Both the giant profiterole and the cookies-and-cream blondie reportedly arrived lukewarm, leaving diners unsure whether they were meant to be served warm or cold. Reviewers say the temperature issue didn't help the flavour, leading to an overall underwhelming finish to the meal.

Still, for the price and portion sizes, many say Spoons' Christmas mains offer solid value, even if the desserts need a festive miracle.

Phone-In/Texter Prompt:

Would you try a budget £15 pub Christmas dinner or do festive meals need to be homemade?

Link Starter:

"Wetherspoons' £15 Christmas dinner is getting mixed reviews, big portions and great gravy, but the desserts apparently arrived lukewarm. Be honest: have you ever had a Christmas dinner that went badly wrong?"



Presenter Cheat Codes

How to stretch a link... without waffling

Ask a follow-up question:

- "Why do you think that is?"
- "Has that ever happened to you?"

Zoom in on a tiny detail:

One quote, one stat, one comment = whole new angle.

Add a comparison:

- "This reminds me of..."
- "It's basically the modern version of..."

Flip the POV:

- "Imagine being the guy who had to clean that up..."
- "Think about the person who woke up and saw that."

Bring listeners into it:

- "Text in, what would YOU do?"
- "Be honest, would this be you?"

How to Make a Dull Topic Funny

Exaggerate the drama:

- "This is the kind of chaos that ends friendships."
- "This would send my nan into orbit."

Add a silly comparison:

- "More confusing than assembling IKEA furniture blindfolded."
- "Hotter than a Greggs pasty straight out the oven."

Turn it into a confession moment:

- "I'll be honest, I'd 100% do this..."
- "Tell the truth, we've all been there..."

Use the 'If this happened in a movie...' trick:

- "...you wouldn't believe it."
- "...the audience would walk out."



Presenter Script Starters (For Writer's Block)

Use these when your brain freezes:

"The Instant Opener"

"Right... we need to talk about this because it has absolutely blown my mind..."

"The Relatable Start"

"Be honest — you've either done this, wanted to do this, or know someone who definitely has."

"The Mystery Hook"

"So something happened today that I can't stop thinking about..."

"The Quick Laugh Start"

"This might be the most unhinged thing I've heard all week..."

"The Opinion Bait"

"I already know this is going to split the room, so let's go..."

"The Shortcut Story Setup"

"Here's the headline... here's why it matters... and here's the bit everyone's talking about..."

"The Curveball Start"

"Okay, plot twist — THIS was not on my bingo card for today..."